

# 3 Day Road Trip Meal Planner

Momvanup.com

Days:    People:    Budget:	Groceries
<b>Breakfasts</b>	3 Packs of Tortillas
Breakfast Burritos  Yogurt and Muffins	1 Dozen Eggs ½ Pound of Breakfast Sausage 2 Bags of Shredded Cheddar 1 Dozen Muffins or Breakfast Pastry 8 Yogurts Lunchmeat Sliced Cheese Mayo Mustard 2-3 Bags of Chips or Doritos Pitas, Naan or Sandwich Rolls
<b>Lunches</b>	Hot Dogs
Sandwiches  Hot Dogs	Hot Dog Buns Ketchup Apples or Grapes Family Favorite Mac and Cheese 3 Pounds Boneless Chicken Breasts or Thighs 1 Can Rotel 1 Packet Taco Seasoning Tortilla Chips Individual Guacamole Sour Cream
<b>Dinners</b>	
Mac and Cheese with Nuggets  Chicken Tacos  Quesadillas	
<b>Notes:</b>	