Low Stress Family Vacation Checklist

Use this checklist to plan a trip and skip the stress

Plan One Month Out

I know where we will sleep every night
I know how we are going to get there
I know how we will travel around once we arrive
I know how much money we have to spend
I know when and how we will get home

Make it Work for Everyone

I have ta

Get Far Away

Incorporate Nature

	I have included opportunities to be outside in nature
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Have A Local Guide

I have plans to meet with someone who livse in my destination
OR I am visiting friends

Security

I know the local police numbers
I know who we will call if we have car trouble